

Resources outside of FBC

National Suicide Prevention Hotline- 1.800.273.8255

Texarkana Domestic Violence- 24- hour hotline 903.793.4357/ Please call 911 if in immediate danger.

Southwest Arkansas Counseling and Mental Health Center- 870.773.4655/ SWACMHC provides help for mental health and /or substance abuse problems as well as youth experiencing legal troubles. This program serves Hempstead, Howard, Lafayette, Little River, Miller, and Sevier counties.

Texarkana, Texas Community Healthcore- 903.831.1034/ This program serves as the mental health, addiction and intellectual disability governing authority for the greater East Texas regions. These counties include Bowie, Cass, Gregg, Harrison, Marion, Panola, Red River, Rusk, and Upshar.

Friendship Center- 903.792.1301/ The Friendship Center provides benevolence according to need.

Randy Sams Outreach Shelter- 903.792.7024/ Randy Sams is a shelter for those without housing

Hospice of Texarkana- 903.794.4263/ Hospice provides care for those at the end stages of life.

Opportunities Inc. of Texarkana- 903.791.2270/ Opportunities, Inc. helps those with intellectual disabilities to live a full life. This program involves Head Start, work assignment, adult development, and residential housing.

Harvest Regional Food Bank- 870.774.1398/ This organization helps feed Northeast Texas/ Southwest Arkansas.

Watersprings Ranch- 870.772.7187/ Watersprings Ranch is a Christian based long term residential home for children that have been abused, neglected, or abandoned.